

Banana Strawberry Frozen Yoghurt

Cook time: 3 Hours

Servings: 4

Ingredients

- 2 bananas, sliced and frozen
- 1/2 cup frozen strawberries
- 2 tablespoons Greek yogurt
- Mint, for garnish (optional)

Method

1. Place all of the ingredients in a food processor and blend until smooth. The texture should be like softened ice cream.
2. Transfer to a freezer-safe container, and freeze for at least 3 hours. Scoop with an ice cream scoop and serve cold.



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